

International cycling race " Gran Fondo Giant Kazakhstan "

among amateurs and veterans of cycling

Rules and Regulations

1. Purposes and objectives

- 1.1. Development of domestic and inbound tourism;
- 1.2. Promotion of healthy lifestyles;
- 1.3. Improving the sportsmanship of participants;
- 1.4. Development and promotion of cycling.

2. Event organizers

The organization and holding of the competition is carried out by the akimat of the Zhetisu region, NGO "Federation of cycling of the Zhetisu region".

3. Time and location of the event

DATE	TIME	ACTIVITY	LOCATION
AUGUST 23	14:00 - 18:00	Arrival day, issuance of starter packs	Taldykorgan Sports Palace "Zhastar" Konaev str. 22
AUGUST 24	09:00	Issuance of starter packs	At the starting point of the race
	10:00	Start of the individual time trial - 20 km. – for all categories	Eskeldinsky district, Karabulak village (Karabulak-Tekeli highway);
AUGUST 25	09:30	Opening ceremony, pre-launch briefing	Eskeldinsky district, Zhetysu village
	10:00	Start of the group race for all categories. <i>1st distance "Media Fondo Giant" - 50 km.</i> <i>2nd distance "Gran Fondo Giant" - 100 km.</i>	Start Eskeldinsky district, Zhetysu village - Ekpindi village - Abay village - Urkusak village - finish near Zhetysu village;
	14:00	Award ceremony of winners and prize-winners	Eskeldinsky district, Zhetysu village

4. Race format (general information)

> Individual race with a separate start for a time of 20 km .

- 4.1. Participants start one after another with an interval of 1 minute;
- 4.2. The winner of the race is determined by the best time;
- 4.3. Winners and prize-winners in their categories are awarded with diplomas;
- 4.4. The individual race takes place on one day in accordance with the rules of cycling (Cycling Federation of the Republic of Kazakhstan, UCI). The individual race is not part of the **Gran Fondo World Tour**;

> group race

4.5. The group race takes place on one day in accordance with the rules of cycling (Cycling Federation of the Republic of Kazakhstan, UCI). Control time for the group race - 4 hours;

- 4.6. The winners and prize-winners of the group race are determined by the shortest time spent on passing the distance and by the order of passing the finish line;
- 4.7. Riders entered in the 1st distance (50km) group race cannot compete for places in the **Gran Fondo World Tour** absolute. Riders entered for the 2nd distance (100 km) receive places in the absolute and international ranking points of the **Gran Fondo World Tour**;
- 4.8. Winners and prize-winners in their categories are awarded with medals, diplomas and valuable prizes;
- 4.9. Preliminary results will be published on the information board in the competition camp;
- 4.10. The final protocol will be published on the website www.granfondo.com.kz;
- 4.11. Depending on the age group, rider numbers will be divided into colors: **18-35 years old - RED, 36-45 years old - BLUE, 46-55 - GREEN, 56 and older - PURPLE.**
- 4.12. The distance of the cycling race runs along paved public roads, blocked for the duration of the competition;
- 4.13. There are no age categories in the 50 km group race, places are played in ABSOLUTE
- 4.14. Age categories (The age of the participant is determined by the year of birth):
18 – 35, 36 – 45, 46 – 55, 56 – 65, 66 and older;
- 4.15. The credit for each category separately for men and women. In case of insufficient number of participants, some of the categories may be combined;
- 4.16. The organizers have the right to make changes to the cycling program, route and distance;

5. Requirements for participants

- 5.1. Regional, international teams and clubs are allowed to participate;
- 5.2. At the time of the start, the participant must not be: under 18 years of age, there is no upper limit of age restrictions;
- 5.3. Athletes are allowed to participate only on road bikes;
- 5.4. We strongly recommend that all participants undergo a medical examination and have insurance in case of unforeseen circumstances. A doctor's certificate of admission to the competition is desirable, but not mandatory;
- 5.5. During the competition, athletes can develop high speed, therefore participation is potentially unsafe;
- 5.6. By entering the race, the participants assume responsibility for their health and all possible risks associated with participation in the competition, thereby releasing the organizers from any material, civil or criminal liability in case of physical or material damage incurred by them in the process of direct participation in the cycling race;
- 5.7. Participants guarantee that they are aware of their state of health at the time of the start, the limits of their own physical abilities and the level of their technical skills;
- 5.8. Each participant, before receiving the start package, signs a receipt on the release of responsibility from the organizers of the start;
- 5.9. All athletes are required to wear bicycle helmets (helmets) throughout the entire distance.

6. Registration

- 6.1. Online registration for the competition is open at www.granfondo.com.kz;
- 6.2. The participant is considered registered after paying the entry fee;
- 6.3. The organizers reserve the right to refuse the application without explanation;
- 6.4. Registration of participants closes on 08/20/2024.

6.4. Athletes with a valid license from UCI, National Cycling Federations or expired less than 3 years ago are not allowed to race. Or allowed out of competition.

7. Expenses for organizing and holding competitions

7.1. The costs of organizing and holding the competitions are borne by the Organizing Committee;

7.2. The costs of travel, accommodation and meals are borne by the sending organizations or the participants themselves.

8. Contacts

NGO "Cycling Federation of the Zhetisu region"

Tel.: 8 7282 22 50 70, +77081708013, +7 7714525545

GRAN FONDO GIANT KAZAKHSTAN

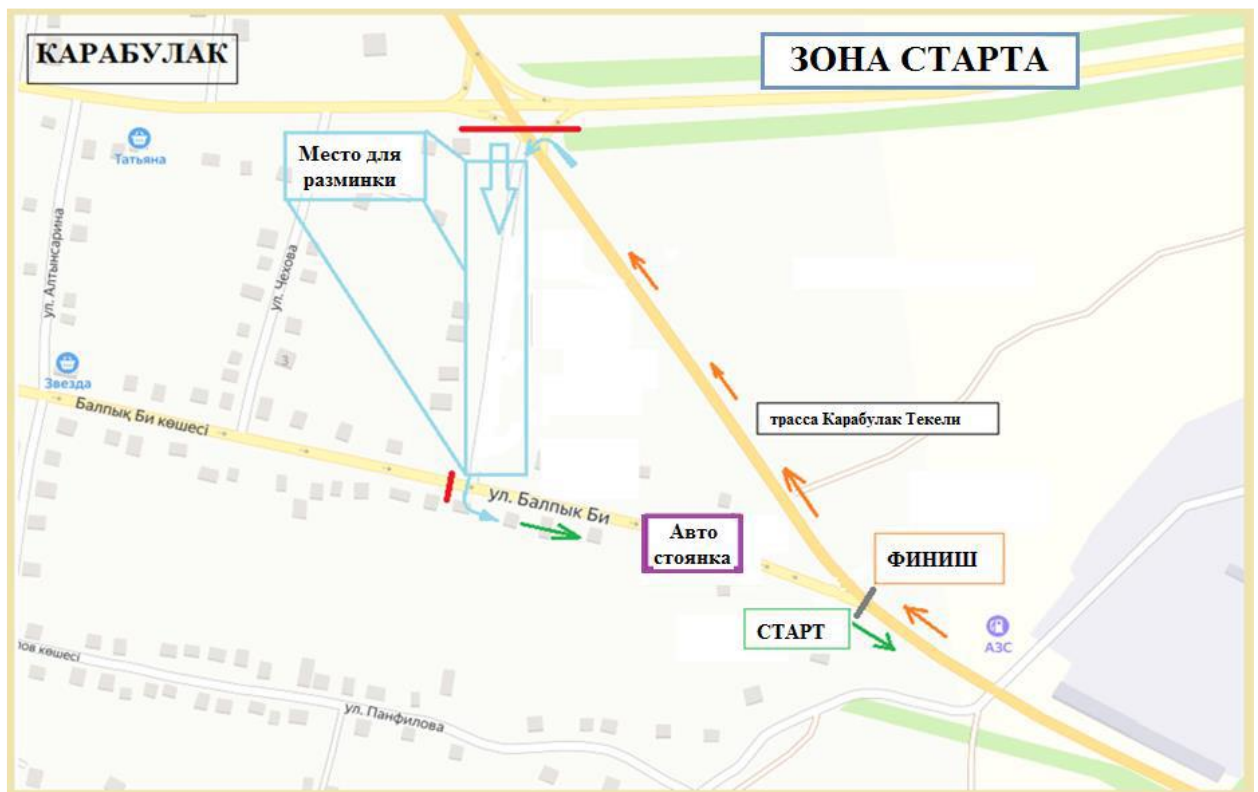
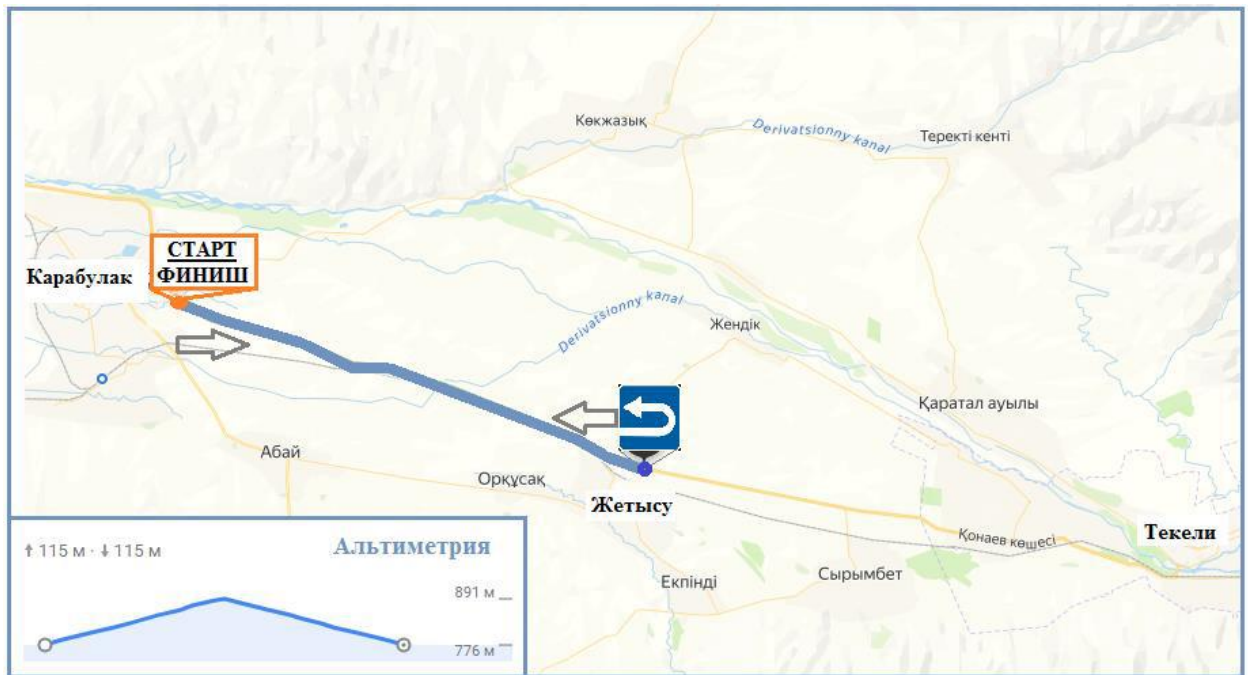
Individual race – 20 km

Zhetisu region, Karabulak - Tekeli highway

Start and finish – bypass route of the village of Karabulak

Start time: 10:00

08/24/2024



Group race

Zhetysu region, village Karabulak – village Abai – Rudnik-Koksu

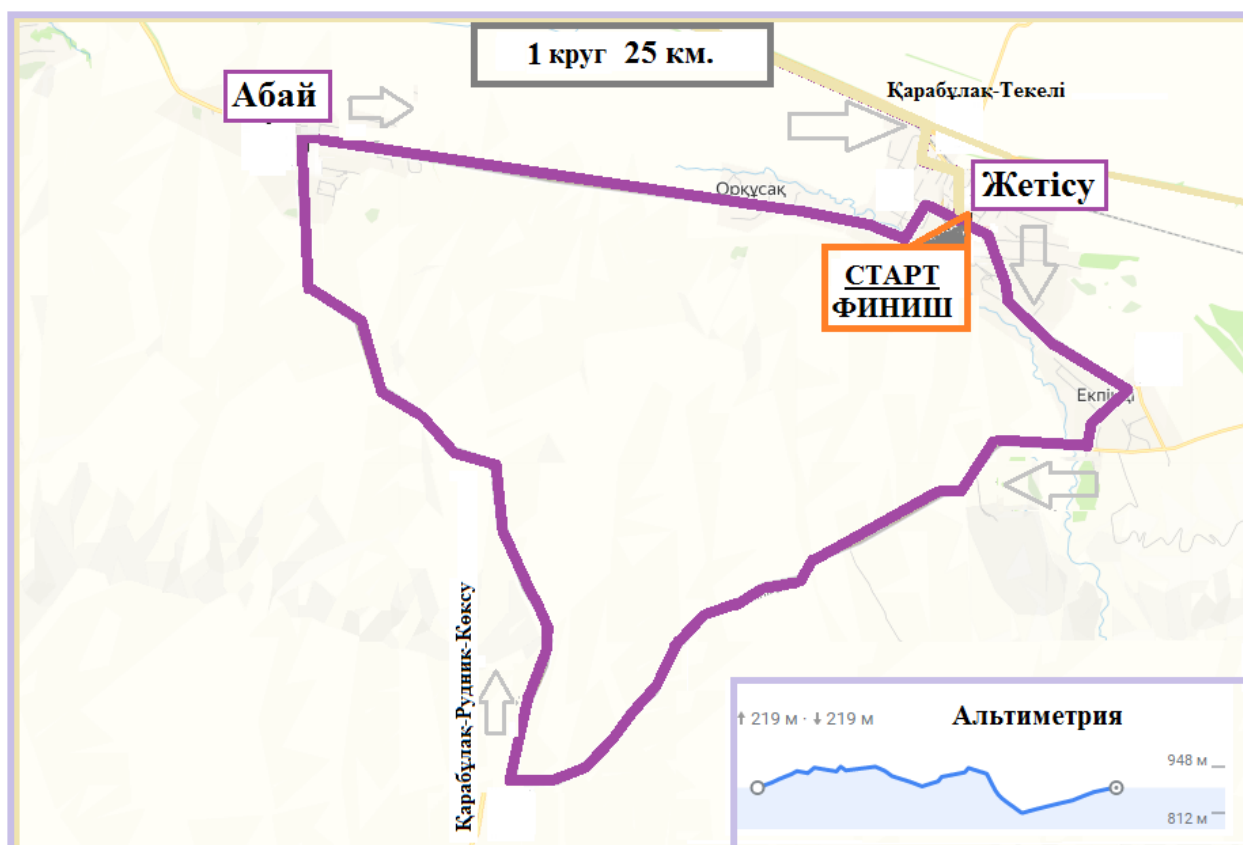
1st distance: Media Fondo Giant – 50 km.

2nd distance: Gran Fondo Giant – 100 km.

Start: Start Eskeldinsky district, Zhetysu village - Ekpindi village - Abay village - Urkusak village - finish near Zhetysu village;

Finish: Zhetysu village.

08/25/2024



GRAN FONDO GIANT KAZAKHSTAN

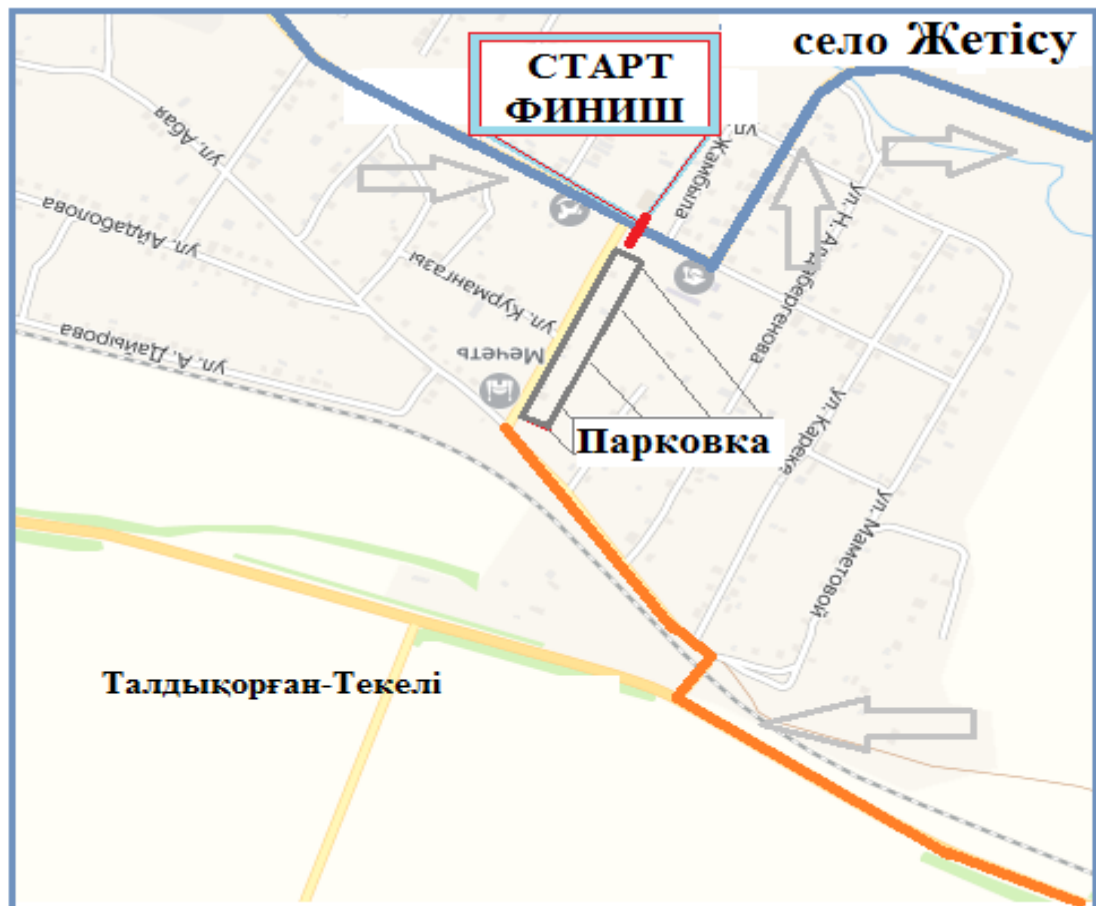
Starting area of the group race

Zhetisu region, pos. Karabulak

9:30 Opening ceremony pre-launch briefing (Karabulak village - square)

10:00 Start - Zhetisu region, (Karabulak village - square)

08/25/2024



ALTIMETRY

